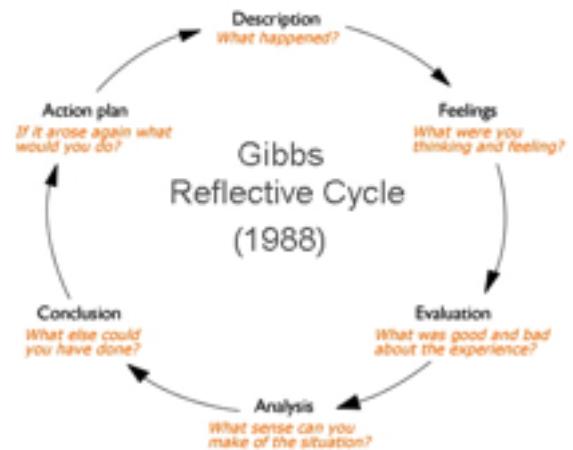


# REFLECTIVE JOURNAL

using Gibbs reflective cycle (1988)



<b>What was the critical incident?</b>	
<b>Describe this incident</b> - What happened? - What did you see?	
<b>How did you feel during the incident?</b>	
<b>What was good / bad about your experience of the incident?</b>	
<b>What sense can you make of the situation (including wider reading / theory)?</b>	
<b>How might you tackle the situation differently should it occur again?</b>	