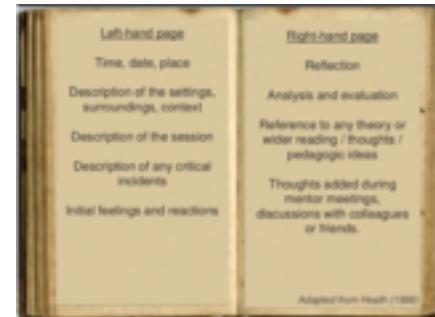


REFLECTIVE JOURNAL

adapted from Heath (1998)



Left Hand Page	Right Hand Page
Time, date, place Description of the setting, surroundings and context Description of the session Description of the (a) critical incident(s) Initial feeling and reactions	Reflection Analysis and Evaluation Reference to theory / wider reading / pedagogy Thoughts added during mentor meeting or discussions with others